

SCHOOL-AGED WORKING OPEN GYM

Mondays 8:00 p.m. - 9:30 p.m.

Thursdays 8:00 p.m. - 9:30 p.m.

Ages 10 yrs - 18 yrs old only (Jr. High & High School)

Saturdays 1:00 p.m. - 2:30 p.m.

Ages 6 yrs - 18 yrs old only

\$5.00 members / \$10.00 non-members

“Working” open gyms are for athletes wanting to practice their tumbling, cheerleading, and stunting skills. Participants come to work on skills they are trying to improve or master. Horseplay/messing around are not allowed at Technique open gyms! This open gym is supervised, and spotting is available but not an instructional time as a class would be. All participants must have a current registration form signed by a parent or legal guardian on file.